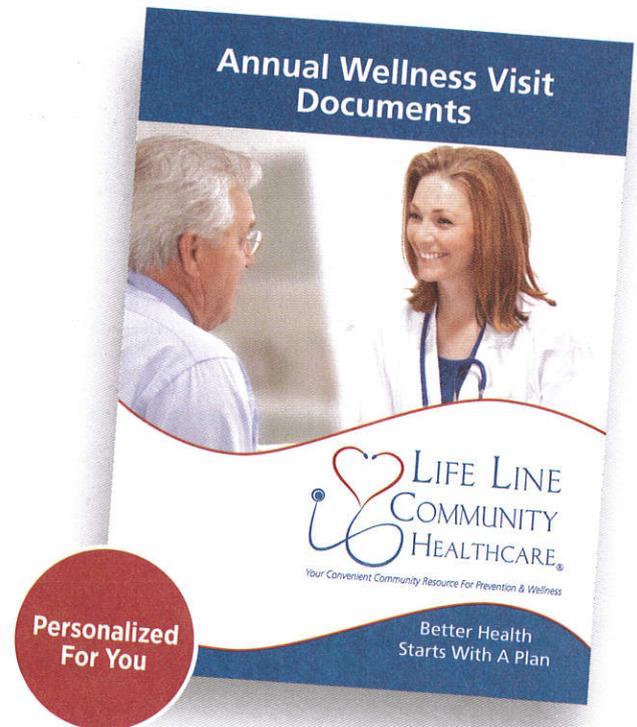


Plot Your Route To Prevention & Wellness

**NO CO-PAY
UNDER
MEDICARE
PART B**

An Annual Wellness Visit Helps You Build A Plan For Better Health

- ✓ Get your Personalized Prevention Plan the Same Day
- ✓ Convenient one-on-one assessment with a Licensed Nurse Practitioner
- ✓ Develop a Personalized Prevention and Wellness Plan designed to keep you independent and active
- ✓ An AWV may seem similar to an annual physical, but it's different in many ways. An AWV provides a plan for better health, enabling you and your doctor to plan your preventive screenings and immunizations for the next 5-10 years



Schedule Your Annual Wellness Visit Today by calling **888-653-6450**
(Please have your Medicare card ready when you call)

Where: Freeburg - First Baptist Church
Sponsored By: Vascular & Hand Surgery, Ltd.
When: Thursday, September 08, 2016

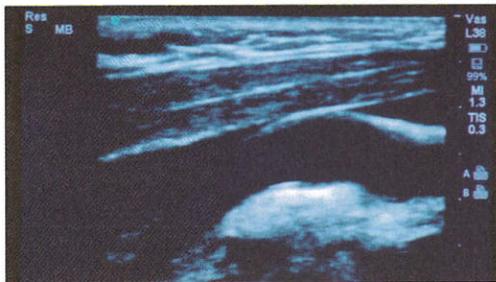
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A Proactive Way to Stay Healthy & Active

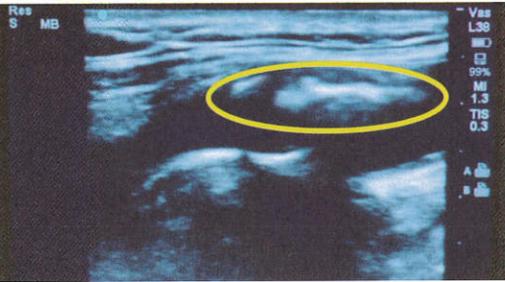
Life Line Screenings go beyond regular checkups to provide a more thorough look at your health.

Be Smart: Do More For Your Cardiovascular Health

No Plaque Buildup



Plaque Buildup



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup

That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors*

All 5 Screenings for \$149

Carotid Artery/ Plaque Screening

Ultrasound scan of the carotid arteries that screens for plaque buildup.

Heart Rhythm Screening (Atrial Fibrillation)

Screens for irregular heart beat.

Abdominal Aortic Aneurysm Screening

Screens for an aneurysm in the abdominal aorta, which could rupture.

Peripheral Arterial Disease Screening

Screens for peripheral arterial disease in the lower extremities.

Osteoporosis Risk Assessment

Ultrasound screen the heel bone to determine abnormal bone mass density.

*Key Risk Factors include Age 55+, High Blood Pressure, High Cholesterol, Diabetes, Obesity, tobacco usage, family history of CVD or stroke

We are coming to your neighborhood.

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Please call **888-653-6450** to register for your screening and to receive a \$10 discount or visit www.LifeLineScreening.com/community-partners